

1.

Start with a square sheet of paper and cut it in half to get two rectangles.



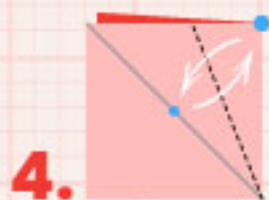
2.

Use one of the rectangles to make one heart. Fold the rectangle in half.



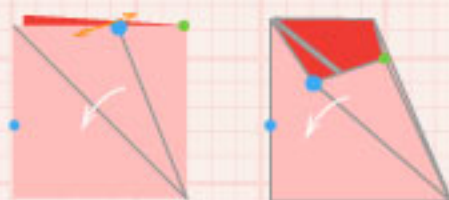
3.

Fold down the top-right (blue dot) corner to make a diagonal fold. Unfold.



4.

Fold the top-right corner down again so it meets with the crease made above. Unfold.



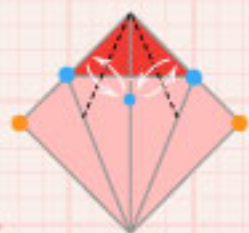
5.

Open the two layers of paper and squash down to create a pocket. Press the paper flat along the creases made in step 4.



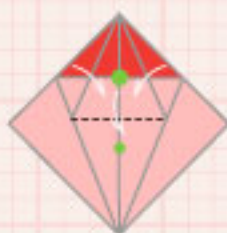
6.

At the back side of the model, unfold one of the flaps (see next image). Rotate the model quarter turn clockwise.



7.

With the top layer of paper, fold the top-left and top-right edges (blue dots) towards the middle to mark the creases and unfold.



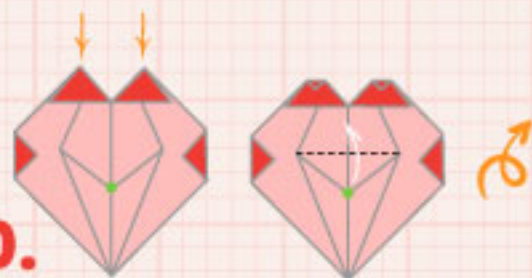
8.

Pull down the top flap (green dot) and allow the paper to fold along the creases made in step 7. See next image for completed petal fold.



9.

Shape the heart: Fold the top corners down to get the top of the heart. Fold in the left and right corners.



10.

To make the heart less pointy, fold the tops down a little. Lift the small triangular flap so it is perpendicular to the heart. You will pinch this flap to make the heart beat.

11.

Turn the model over and you're done.

Origami beating heart

